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Nature Tots Forest School at Woodberry Wetlands

Information Pack 2022-2023

About Nature Tots Forest School

Nature Tots is a Forest School programme for pre-school children age 18 months to 5 years. We engage and inspire young people and their carers to connect with nature through hands-on outdoor activities around wildlife.

During Nature Tots, children will explore their natural surroundings, discovering the animals and habitats around them. Activities include minibeast hunting, pond dipping, cooking, stories, music and nature crafts. Nature Tots helps children develop their confidence and emotional well-being, and skills in independent learning, problem solving, working with others and creativity.



Building confidence

Problem solving with others

Family bug hunting



Family pond dipping

Creativity

Up close with nature

Parents/Guardians

Parents and children participate together. All children remain the responsibility of parents and carers throughout the session and must be supervised at all times. Any one adult must be accompanying no more than three children under 5.

Staff

Our staff leading the sessions are all Forest School Level 3 practitioners, are DBS checked, and are first aid trained. All our activities are risk assessed, our risk assessment for outdoor learning activities can be found <u>here</u>.

Facilities

There are toilet and baby changing facilities onsite.

Snacks for children are not included but during each session there will be a story and an opportunity for the children to have a drink and snack so you may wish to bring something suitable for your child.

Food may sometimes be provided as part of the Nature Tots activity, please let us know on the booking form if your child has any dietary or allergy requirements.

For allergen information: Please note that there are sometimes cats present at the site; in the inside areas there may be traces of peanut. Please ask about any other allergen concerns you have.

Please let us know on the booking form if any of the children or accompanying adult have any access needs.

What to wear

Children (and adults) should be dressed appropriately for the weather. We go outside come rain or shine. If the weather is heavy rain, cold or windy, we have shelter in the classroom or covered area outside, but we'll still venture outside to explore. We will assess the site and weather conditions each morning, if it is deemed too dangerous (storms or high winds) we will cancel the session, refunds will be paid accordingly, or sessions rescheduled. Children should wear clothes suitable for messy play. It is advisable to bring a change of clothes in case your child gets wet or muddy to prevent them getting cold or uncomfortable. Bringing a spare pair of socks is always a good idea!



Puddle fun!

Cost and booking

All prices listed are inclusive of VAT, sessions can be booked on Eventbrite and are subject to booking fee. Links to Eventbrite booking are found on page 4.

Taster session: You can join for your first session as a free taster. You must still book on for your taster session. There are usually three taster sessions available during each session, this varies depending on how many other children are booked. Taster sessions are on a first come, first served basis. You may only book a taster session once. Taster sessions are for 1 adult and up to 3 children. If after your first free taster session you wish to come back to Nature Tots, you must book one of the below two options.

Half termly rate: The cost is £48.00 per six-week half termly sessions. If you would like to join midway through a half term, you can pay £48.00 for the remaining sessions, pay the **Pay as you go** rate for each remaining session, or wait until the new half term begins. There is a sibling discount rate of £33.00 which is available for siblings of a full paying child. Siblings under 18 months accompanying a full paying child are free.

If you cannot attend a session, please let us know by emailing Dhush on <u>dselvarajah@wildlondon.org.uk</u> so the Forest School leader who is running the session knows how many people to expect. If you miss a session you will not be reimbursed, nor can you carry that session over to the following term.

This option is advised if you know you can make at least four of the sessions during the half term as it is more cost effective.

Pay as you go rate: The cost is £12.00 per session to attend sessions on an ad-hoc basis. The cost for additional siblings is £9.00. Siblings under 18 months accompanying a full paying child are free.

If you have booked a session but then cannot attend, please cancel through Eventbrite on the link on your booking confirmation. Pay as you go tickets can be refunded up to 1 day before the session you have booked. If you do not cancel in advance we cannot refund the ticket, nor can the ticket be used for another session.

This option is advised if you know you cannot attend at least three of the sessions during the half term as it will work out cheaper than paying for the full half term.



Leaf art

Bird spotting

Bread making

Nature Tots dates for Sept 2022 - July 2023

Thursdays 10.30am-12.00pm		
Autumn	Spring	Summer
Autumn Term 1	Spring Term 1	Summer Term 1
29 September	5 January	20 April
6 October	12 January	27 April
13 October	19 January	4 May
20 October	26 January	11 May
*Due to staff leave, this	2 February	18 May
term is only 4 weeks long	9 February	25 May
2 week break	1 week break	1 week break
Autumn Term 2	Spring Term 2	Summer Term 2
10 November	23 February	8 June
17 November	2 March	15 June
24 November	9 March	22 June
1 December	16 March	29 Jun3
8 December	23 March	6 July
15 December	30 March	13 July
2 week break	2 week break	Break for summer

Thursdays 10.30am-12.00pm

Links to all Nature Tots booking pages for 2022-23

The web page addresses below are all clickable links

Thursdays		
Autumn 1 Sept-Oct 22	https://www.eventbrite.co.uk/e/416602899487	
Autumn 2 Nov-Dec 22	https://www.eventbrite.co.uk/e/416606720917	
Spring 1 Jan-Feb 23	https://www.eventbrite.co.uk/e/416616450017	
Spring 2 Feb-Mar 23	https://www.eventbrite.co.uk/e/416617493137	
Summer 1 Apr-May 23	https://www.eventbrite.co.uk/e/416601846337	
Summer 2 Jun-Jul 23	https://www.eventbrite.co.uk/e/416599970727	
Pay As You Go & Taster Sessions Sept 22 - Jul 23	https://www.eventbrite.co.uk/e/167434299497	

About Woodberry Wetlands

Woodberry Wetlands was opened by Sir David Attenborough in 2016, having previously been known as Stoke Newington East Reservoir. The wetlands are the result of a proposal by the Trust to enhance the reservoir for wildlife and open it up so people can access a high quality, natural space in a densely built-up environment.

The nature reserve is now a thriving habitat for migratory birds and is one of the Trust's top visitor attractions. Hedgerows and wildflowers line the banks of the reservoir, while newly-created reedbed extensions provide a wetland haven for waterfowl.

For more information about Woodberry Wetlands visit <u>https://www.wildlondon.org.uk/nature-reserves/woodberry-wetlands</u>



Location and Transport

Address: Woodberry Wetlands, 1 Newnton Close, London N4 2RH

Access: There are two entrances to Woodberry Wetlands, the Main Entrance off Lordship Road, N16 5HQ and the East Entrance off Newnton Close, N4 2RH. When you arrive at Woodberry Wetlands please come to the East Entrance, follow the path on your left, when you get to the chalk noticeboard and bug hotel, take the path on your right and proceed to the Roundhouse (the round clay building next to the education ponds). You can access the East Entrance from Newnton Close, the New River Path and Bethune Road.



By Tube: The nearest tube stations are Manor House and Stamford Hill.

- From Manor House: Take exit 2 from the tube station, then follow Woodberry Down in an easterly direction to Woodberry Grove. Turn right on Woodberry Grove and the New River path and Woodberry Wetlands main entrance is on your left-hand side just past the shops and high rise buildings. Go in through the main entrance and walk around the reserve to get to the New River Studio, or continue on the New River Path past the main entrance, take the bridge over the New River and enter the reserve via the east entrance.
- From Stamford Hill: Exit the station and turn right on Amhurst Park. Follow the road, and then turn left onto Bethune Road. Walk a little up and take the first right onto Newnton Close. The entrance to the reserve will be on the left-hand side.

By Bus: The nearest bus stops are Bethune Road (Eastbound Bus Stop T and Westbound Bus Stop W served by bus routes: 253 & 254) and Amhurst Park (Eastbound Stop S served by bus routes 259 and 279).

By Bike: Bring a lock for your bike, and please ask a staff member and they will show you where bikes can be safely parked.

By Car: There is no public parking at Woodberry Wetlands. The closest unrestricted street parking is on Bethune Road on the East side of the reserve. Metered street parking is available on the surrounding streets and controls are in operation 8:30am – 6:30pm. Be sure to check the Arsenal Football Club home schedule as additional parking restrictions may apply on these days.